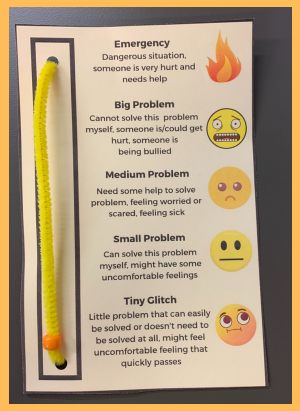
SEL MAKE-AND-TAKE KIT:

PROBLEM SIZE



ACTIVITY INSTRUCTIONS

- SLIDE THE BEAD ONTO THE PIPE CLEANER.
- SLIDE THE PIPE CLEANER THROUGH THE HOLES IN THE PAPER.
- TAPE THE TWO ENDS OF THE PIPE CLEANER ON THE BACK OF THE PAPER.

TIPS FOR PARENTS

THIS ACTIVITY CAN HELP YOUR CHILD RECOGNIZE THE DIFFERENCE BETWEEN A BIG PROBLEM THAT NEEDS SOLVED RIGHT AWAY AND MIGHT ELICIT A STRONG REACTION/FEELING VS A PROBLEM THAT CAN EASILY BE SOLVED WITHOUT HELP AND MIGHT ONLY ELICIT SOME UNCOMFORTABLE FEELINGS FOR A SHORT TIME. YOUR CHILD CAN SLIDE THE BEAD TO THE APPROPRIATE PART OF THE SCALE TO HELP THEM DETERMINE HOW TO GO ABOUT SOLVING THE PROBLEM AND WHO THEY MIGHT NEED TO GET HELP FROM, IF ANYONE.

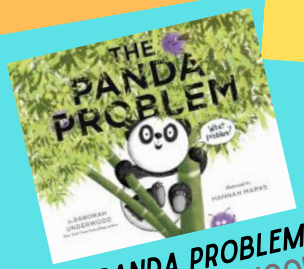
DISCUSSION TOPICS/QUESTIONS

- WHAT KINDS OF PROBLEMS MIGHT FIT INTO EACH CATEGORY?
- WHAT SHOULD YOU DO WHEN THERE IS AN EMERGENCY?
- WHAT COULD YOU DO TO SOLVE THE PROBLEM IF IT CAN BE SOLVED YOURSELF?
- WHO CAN HELP YOU IN AN EMERGENCY? WITH A BIG PROBLEM? WITH A MEDIUM PROBLEM?
- WHAT FEELINGS MIGHT YOU FEEL WITH EACH TYPE OF PROBLEM?

BOOKS

DON'T SQUEAL UNLESS IT'S A BIG DEAL
JEANIE RANSOM
E RAN

WHAT DO YOU DO WITH A PROBLEM?
KOBI YAMADA
E YAM



THE PANDA PROBLEM
DEBORAH UNDERWOOD
E UND

STUCK
OLIVER JEFFERS
OVERDRIVE

HOW TO SOLVE A PROBLEM
ASHIMA SHIRAISHI
OVERDRIVE

A BAD CASE OF TATTLE TONGUE
JULIA COOK
OVERDRIVE

OF COURSE IT'S A BIG DEAL!
BRYAN SMITH
OVERDRIVE

WHICH STANDARD DOES THIS ACTIVITY MEET?

E1. 1.A

IDENTIFY A PROBLEM OR NEEDED DECISION AND RECOGNIZE THAT THERE MAY BE MULTIPLE RESPONSES

WHERE CAN I LEARN MORE?

HTTPS://THEOTBUTTERFLY.COM/HOW-TO-TEACH-SIZE-OF-THE-PROBLEM/SOCIAL-EMOTIONAL-SKILLS/

HTTPS://WWW.MINDFULKIDSCOACHING.COM/POST/IS-THIS-A-BIG-OR-SMALL-PROBLEM

HTTPS://WWW.YOUTUBE.COM/WATCH?V=8BMZUKNO604